

Bennie Elementary's Moonlight Yoga



Monday, September 17, 2018

7:00 arrive and check in

7:30 yoga begins

Cost is \$1 per person payable at check in.

Moonlight Yoga provides a unique twist on yoga classes by providing participants with glowing jewelry and incorporating lighted glow sticks into traditional yoga poses.

We are thrilled to provide you with a fun-filled evening, that not only encourages **families** to engage in an athletic activity together, but one that also brings our Bennie family together ... to simply relax and play. Whether this is your first time doing yoga or you are an expert, this event will be fun for everyone! Please bring a yoga mat if you have one or a beach size towel if not. We will have a limited supply of small, kid size mats to share.

[Click here to sign up](#) so that we can ensure we have enough glow stick supplies.